

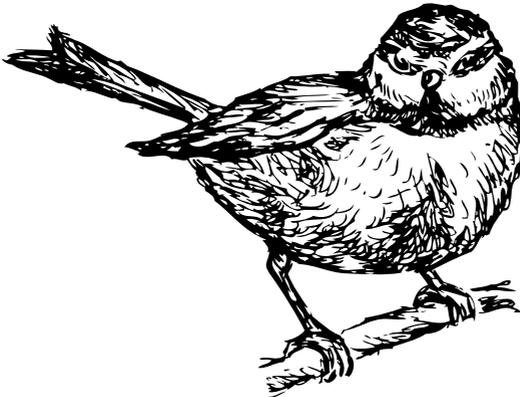


# The Parish

M A G A Z I N E

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• MARCH 2019 •



• ST PETER'S, FRESHFORD • ST MARY'S, LIMPLEY STOKE •  
• ST JOHN'S, HINTON CHARTERHOUSE •

**FREE**

# Contacts & Local Groups

## WEDDINGS, FUNERALS AND BAPTISMS - ARRANGEMENTS

Priest in Charge: Revd Mike Taylor  
(01225 723570) Day Off Fridays.  
vicarmike@gmail.com  
Website: <http://flshc.co.uk/>  
Facebook: [www.facebook.com/freshfordlimpleyhintonchurches/](http://www.facebook.com/freshfordlimpleyhintonchurches/)

## PARISH TREASURER

Malcolm Chatwin (01225 722624)

## PARISH OFFICE/OLD BAKERY BOOKINGS

Contact: [contact.parishoffice@gmail.com](mailto:contact.parishoffice@gmail.com)  
(01225 720347)

## CHURCHWARDENS

**St Peter's:** Rachel Moore (01225 723139)

Penny Murray (01225 722355)

**St Mary's:** Kathy Tucker (01225 834438)

David Sibley (01225 722026)

**St John's:** Liz Wordsworth (01225 722520)

Karen Grattage (01225 720364)

## ROMAN CATHOLICS

St Benedict's Stratton on the Fosse service times - Saturday Mass 5.00pm, Sunday 9.00am, 11.00am, and 6.00pm

At The Abbey Sunday 10.00am

all enquires to Mary Martin (01373 830170).

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Limpley Stoke (01225 720371)

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## FRESHFORD CHURCH SCHOOL

Head Teacher, Andrew Wishart (01225 723331)

## FRESHFORD PRE-SCHOOL

Mon, Tues, Wed 9.00am - 3.00pm,  
Thurs Forest School 9.00am - 1.00pm.  
Freshford Memorial Hall  
[www.freshfordpreschool.co.uk](http://www.freshfordpreschool.co.uk)  
[business@freshfordpreschool.co.uk](mailto:business@freshfordpreschool.co.uk)

## BABY & TODDLER GROUPS

The Old Bakery every Thursday 10.00am - 11.30am. Contact: Alison Sellers  
[sellers\\_ali@hotmail.co.uk](mailto:sellers_ali@hotmail.co.uk)

Hinton Charterhouse every Wednesday 10.30am - 12.00noon at the Memorial Hall

## 15TH BATH SCOUTS (FRESHFORD):

Beavers, Cubs and Scouts sections:

Thursday 6.00pm - 7.30pm,

Freshford Memorial Hall

Contact: Group Scout Leader

(Sam Lascelles)

[FreshfordGSL@outlook.com](mailto:FreshfordGSL@outlook.com)

## VISIT VILLAGE WEB SITES AT

[www.hintoncharterhouse.com](http://www.hintoncharterhouse.com)

[www.limpleystoke.org](http://www.limpleystoke.org)

[www.freshfordvillage.com](http://www.freshfordvillage.com)

SUBMISSIONS FOR NEXT MONTH,  
PLEASE NOTE - NO LATER THAN:

**7<sup>TH</sup> MARCH 2019**

[kgrattage@me.com](mailto:kgrattage@me.com)  
Karen Grattage

# Welcome from Revd Mike Taylor

*Dear friends,*

## THANK YOU!

As I start to write this I want to say a huge thank you to Ghika and Rhiannon who have been putting our magazine together now for a while, especially Ghika who has done such an amazing job. Also to Mark for his vision and drive that bought about the change in format and the next change to appearance and who continues to work on the magazine, its contents, direction, present and future. Things get done when people work together and I just wanted to acknowledge that as I begin my thoughts – or ramblings!

## REFLECTION

I am very fortunate that as part of my full-time work I am encouraged to continually learn and study. I have chosen to take the opportunity of studying a subject that is close to my heart and at a higher level. This means three residential study periods a year and I have recently returned from the last one. In this one we looked at the whole area of reflection and how working together on a common project can produce some amazing results. How groups like this are formed and how what they discover might grow and improve over time with reflection! I have to say I do not consider myself a very reflective sort of person. I tend to think as I do, at least I now know that is a legitimate form of reflective practice, but maybe not good alone! I guess after more than 27 years in parish ministry I am used to reflecting

as things happen and never, until now, thought about reflecting on an event after it happened! I will endeavour to be more reflective going forward. When I went to this period of study I had little understanding of the subject. I reflect on the scriptures I use in my preaching, I prepare any teaching I do and I have been through so demanding and mundane experiences that have needed careful handling and negotiations. To be faced with a whole module on this was daunting and even worse to have to write 4,500 words on the subject! If nothing else it has caused me to stop and reflect! So it has worked to a certain extent but can I write a convincing essay on it?

## SHARING WITH FRIENDS

What was once normal, in that people talked everything over with others in the community, is not so normal now. It used to be that if something happened you would chat with neighbours, friends, relatives or church members you trusted! Neighbourhoods have

“ *Maybe as a society we would be naturally more reflective if we went back to chatting things over with those we trust.* ”

been devalued as so much today is about 'my space' and 'my decision' and 'my direction' to ask for advice from others is to expose a 'weakness' and we want to be seen as being in control! We are a funny race because we are reticent in sharing things with traditional confidants and yet willing to post on social media what we did last night, what we think about politics and even how glorious the meal looked that we ate. Social Media has presented us with New Communities - sometimes made up of people we don't really know and who remain anonymous - we don't chat face to face, we post and see what response we get.

Maybe as a society we would be naturally more reflective if we went back to chatting things over with those we trust. Maybe that is a reflection on the sort of ministry I do, as part of the church, in that we are more often than not left to fend for ourselves than given obvious support!

I must learn to reflect more before I do something, as I do something and indeed after I do something! This will be good for me!

*Revd Mike Taylor*  
**vicarmike@gmail.com**  
(Day-off Fridays)

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## Where are our Parish Churches?

**St Peter's, Freshford - BA2 7TX**

**St Mary's, Limpley Stoke - BA2 7GH**

**St John's, Hinton Charterhouse - BA2 7TJ**

**The Old Bakery (Church rooms), Freshford - BA2 7WF**

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## From the Registers

**W**e welcome Joshua Quibell who was baptised at St John's Church, Hinton Charterhouse on Sunday 27th January.

*(Note: Register items published in this Magazine include events up to 7th Feb 2019, which is when this Magazine edition was compiled. Events after this date will be published in the next edition.)*



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### YOUR PARISH MAGAZINE

Dear reader,

I hope you enjoy and value your Parish Magazine.

It is an important part of our life in the parish, focused on the church. It draws us together, informing and entertaining us, and ensures everyone feels part of the community, knows what is going on, and can join in.

However it is expensive to produce. It is written, managed and distributed by volunteers, but the time and resources spent editing it, creating the artwork and printing enough copies to go to every home for free in the three villages adds up to £1.20 a copy including the advertising, and has to be paid for.

Please help fund this valuable asset to community life. Your contribution, no matter how large or small, will help ensure the survival of your Parish Magazine.

Please make your contribution (as a one-off or preferably a Standing Order) to:

**Sort code: 40-09-19**

**Account number: 01048406**

Thank you so much. Without your help we wouldn't be able to keep The Parish Magazine going.

 Mike Taylor

*Rector of the Parish of Freshford, Limpley Stoke and Hinton Charterhouse*

# March Parish Calendar

Date	Event	
6th	Ash Wednesday	
14th	Freshford School	BWMAT Hub Meeting at 4.00pm
20th	March Equinox	Spring begins
31st	Mothering Sunday	British & EU Summer Time begins

A full list of all church services this month can be found on the rear cover of this magazine, on the notice boards of each church as well as on the Parish Church website <http://flshc.co.uk/>

ANY ADVERTISEMENT CONTAINED IN THE PARISH MAGAZINE DOES NOT IMPLY ENDORSEMENT OR PROMOTION OF THE CONTENT, PRODUCTS OR SERVICES BY THE EDITOR OR THE PAROCHIAL CHURCH COUNCIL

## PARISH PLAY GROUPS



**HINTON BABY & TODDLER GROUP**  
@ Hinton Charterhouse Memorial Hall

**10.30AM - 12 NOON EVERY WEDNESDAY.**



**FRESHFORD AND LIMPLEY STOKE  
BABY & TODDLER GROUP**  
@ The Old Bakery, Freshford

**10.00AM -11.30AM EVERY THURSDAY.**



### LIMPLEY STOKE VILLAGE HALL - NEW EQUIPMENT

We now have new equipment in Limpley Stoke Village Hall. The Management Committee has recently had audio equipment installed in the Hall and has bought a larger pull-down screen and new projector. So, if you are planning a party and want to show a film, deliver a lecture etc, all the equipment is there on the spot for your use. For more details contact Barbara Osborne on **01225 867566**.

# In Our Community This Month

## COFFEE

### WEEKLY MORNING COFFEE

At The Old Bakery, Freshford  
Mondays 10.30am - 12.00noon.  
All welcome.

### COFFEE & CHAT

From 10.30am on Thursday 28th  
March at the home of John and  
Caroline Banks, The High Street,  
Hinton Charterhouse. All welcome.

## LUNCH CLUBS

### “GALLERIES GOLDEN GOURMETS”

For Retired People of Freshford and  
Limpley Stoke Meeting  
@ The Galleries Café

Wednesday 13th March (Second  
Wednesday of the month) 12.30pm  
Booking essential by the prior Monday.

### OVER 60'S LUNCH

Meet at 12.15pm for 12.30pm start  
on Wednesday 20th March (Third  
Wednesday of the month) at

‘THE STAG’ , HINTON CHARTERHOUSE

If unable to make the lunch date  
then please inform Caroline or Mavis by  
the previous Tuesday.

Contact Caroline Banks (**01225 722758**)  
or Mavis Bennett (**01225 722247**)

Please note cost is now £7.50 pp.

**NEW MEMBERS VERY WELCOME.**

## DRIVING SCHEMES

### THE RIDINGS

The Ridings is a volunteer driving  
scheme serving Norton St Philip, Hinton  
Charterhouse and the outlying villages.  
Are you someone who needs transport,  
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To book, a ride call : (**01225 722699**)

### LIMPLEY STOKE & FRESHFORD LINK CAR SCHEME

We are a community based  
voluntary service

Contactable on **07714 169 216**  
Our Co-ordinator will endeavour  
to meet your transport needs  
with 48 hours notice

*\* Supported by donations \**

## THE OLD BAKERY

### ROOM BOOKINGS

All bookings for The Old Bakery should  
be made through Debs in the Parish  
Office who is contactable on:

**contact.parishoffice@gmail.com**  
(**01225 720347**)

# Magazine Submissions

## DATES FOR 2019

We always welcome new contributions to the Parish Magazine.  
Please email [kgrattage@me.com](mailto:kgrattage@me.com)

### Final Submission Dates:

Magazine Month	Submission Date	Magazine Month	Submission Date
April	7th March	May	11th April
June	9th May	July	13th June
August	11th July	September	8th August
October	12th September	November	10th October
December	7th November	January 2020	5th December

Please send your 'Diary Date' entries to the Magazine Secretaries by the above deadlines:

Freshford / Limpley Stoke Entries : Anne Jarrett (01225 722309)  
[annejarrett@btopenworld.com](mailto:annejarrett@btopenworld.com)

Hinton Charterhouse Entries: Mavis Bennett (01225 722247)  
[mavis.bennett@mavisbennett.plus.com](mailto:mavis.bennett@mavisbennett.plus.com)

Email your news and events to [kgrattage@me.com](mailto:kgrattage@me.com)

## AN INFORMAL CAFÉ STYLE EVENING OF WORSHIP AND PRAISE

At **Beckington Village Hall**, Beckington, Somerset. BA11 6SJ

**EVERY SECOND THURSDAY OF THE MONTH AT  
7.30PM - 14TH MARCH 2019**

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Mrs Amanda Gilmer [amanda@gilmer.co.uk](mailto:amanda@gilmer.co.uk)  
Mobile: **07736 240374** Tel **01373 83184**  
or visit [www.thefillingstation.org.uk](http://www.thefillingstation.org.uk)



# Forty Years Ago this Month - March 1979

## LEN LAMBERT

Len Lambert recalls the events he recorded in his diary for this month:

- The Cardiff to Newcastle Express hit a Lorry on a level crossing at Lydney in Gloucester on the 1st resulting in three deaths including both drivers
- The 10th anniversary of Concord's first flight came on the 2nd
- On the same day Scotland and Wales both voted for Devolution
- The Voyager Space probe passed close to Jupiter sending back first class pictures on the 5th
- March may have come in like a lamb, but severe gales and more snow flurries were the order of the day on the 9th
- The Space Shuttle's slow journey to the launch pad from the factory was delayed when bits began to fall off on the 11th
- Britain was hit by heavy snow on the 17th, four inches falling in our area. The next day British summertime came into force
- Farmers were a month behind in Spring drilling and getting worried on the 27th
- Only seven horses finished the Grand National on the 31st: Rubstick winning. The favourite Alverston being destroyed after a fall
- Snow fell on ten days, strong to gale force winds for eight days and frost lay on the ground for four days.

## MORE VERSES FROM 'A LITTLE POEM TO CHEER EVERYBODY UP!'

Have you sheltered from the heat  
Beneath the oak tree's shade  
Closed your eyes and wondered  
How all these things were made

Have you seen the valley mist  
As evening turns to night  
Peered up at the starry skies  
And marvelled at the sight

Have you seen the sunset  
Slowly in the West  
Watched birds and beasts and flowers  
Settle down to rest

Soon the Moon will rise to start  
And do it all again  
But then again who can tell  
It simply just might rain.



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## 15th Bath (Freshford) Scouts



### THE SCOUTS NEED YOU!

Are you a parent, grandparent, former scout, or someone who wants to give back to the local community? We need enthusiastic volunteers to fill the following posts:

### CAMP COMMITTEE MEMBERS

Camping is one of the great highlights of scouting. It offers adventure, increases resilience and builds new skills. It's what youngsters remember most keenly as they grow up. To take a group away on a camp does, however, take significant planning. To allow our leaders to focus on running their weekly programme, we would like to establish a committee of volunteers who can spare some time and energy over the next few months to plan a local weekend camp. No prior

experience is required and of course you get to come camping too!

### BEAVER LEADER

Our wonderful Beaver Colony Leader is stepping down at the end of this half term, so we need a new leader. We provide training, help and flexible rotas - we just need a willing volunteer to continue the success of this thriving colony.

### TREASURER

We are also looking for a successor to our current Group Treasurer. The role involves repaying leaders for expenses incurred and an annual audit of accounts. It can all be done online in the comfort of your home! No financial experience is necessary - we just need a safe pair of hands on the purse strings!

We've built up a fantastic group of beavers, cubs and scouts, and we're proud to provide our local young people with the opportunities scouting offers. But we rely on the generosity of volunteers to keep going. If you can help with any of the above please get in touch with our Group Scout Leader Sam Lascelles

(sam.lascelles@gmail.com).

Yours in scouting,

*Sam*

GSL 15th Bath (Freshford) Scout Group

*“March, when days are getting long,*

*Let thy growing hours be strong to set right some wintry wrong.”*

**Caroline May**

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**Freshford Village Memorial Hall**

Weekly on Thursday  
3.00pm to 4.00pm  
£5 per class

An easy-to-follow movement class using latin, ballroom and rock n' roll rhythms. It is tailored to age 60+, though anyone is welcome! (Children/grandchildren join for free!)

**Any questions, do get in touch:**  
**Jolanthe de Koning: 07735 474831**  
**dekoning.jolanthe@gmail.com**

**Diana M. Monk**  
**MSSCh MBChA**

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# The Royal British Legion Freshford Branch

CHRIS OSBORNE Membership Secretary (01225 867566)



Firstly in the haste of getting January's article to the Editor the writer would like to make amends on behalf of the Branch for failing to wish readers a Happy New Year.

The Branch enters 2019 having achieved the majority of our aims in regard to the four years of commemorations relating to the 1914-1918 conflict. We are most grateful for all the assistance that has been forthcoming from our researchers and also the financial help that was provided by the local Parish Councils that enabled improvements to be made to both the War Memorials. The result was that the Branch was able to remember in some detail the majority of the fallen soldiers who died as a direct result of that conflict. Direct contact was made with a number of the families concerned some of whom had been present at the Tynning Memorial and that was really most rewarding.

Our programme of events for the year has been circulated to the membership and our very first meeting of the year will have been held by the time you are reading this article. Glancing through the RBL Somerset County Magazine

*“ We are most grateful for all the assistance that has been forthcoming from our researchers and also the financial help that was provided by the local Parish Councils that enabled improvements to be made to both the War Memorials.*

it is good to see the events that other Somerset Branches get up to regarding Fundraising and how generously they are supported by other organisations. The Clevedon Flower Show for instance donated an impressive sum to the local branch to go towards the Poppy Appeal and at Chard's Armed Forces Day a large sum of money was raised for the Legion's Dunkirk Memorial House to go towards the upkeep of this residential home for ex-service personnel.

**Diary Date: Thursday 21st March**, The Royal British Legion Freshford Branch Spring Supper is being held at 7.30pm at The Homewood Park Hotel for Members their partners and invited guests.

# Freshford & District Horticultural Society



## ANNUAL GENERAL MEETING

*plus*

**TROY SCOTT SMITH:**

*The Courts, Bodnant & Sissinghurst*

WEDNESDAY 6TH MARCH 2019

7.30PM

**FRESHFORD VILLAGE MEMORIAL HALL**

Following his recent transfer back to this area to join the team at Iford Manor gardens, Troy Scott Smith has kindly offered to come and talk to us about his gardening inspiration and the three great National Trust Gardens he has looked after: The Courts, Bodnant and Sissinghurst.

Because of this generous offer, we will conduct the business of the AGM before Troy's talk and will forego the Spring mini-show and quiz this year.

**MEMBERS FREE | VISITORS £3.00 | EVERYONE WELCOME**

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## Freshford & District Local History Society



*TOM BODEN:*

*Dyrham in the late 17th century*

WEDNESDAY 27TH MARCH 2019

7.30PM

**FRESHFORD VILLAGE MEMORIAL HALL**

Tom Boden is General Manager of the National Trust responsible for managing the National Trust properties in Bath which include the Bath Skyline, Prior Park Landscape Garden and the Bath Assembly Rooms (currently leased to Bath and North East Somerset Council). Bath has the highest percentage of National Trust members of any UK city.

At Dyrham there is a major project underway at the moment to transform the visitor experience in the house, with a strong focus on William Blathwayt and the late 17th century. Tom will talk about William Blathwayt, his significance and how the National Trust is planning to bring this to life with visitors at Dyrham Park.

**MEMBERS FREE | VISITORS £2.00 | EVERYONE WELCOME**

# Freshford Pre-School

## GRUFFALO CRUMBLE!

This month has been full of exciting explorations, both inside and out! It is lovely to observe the children leading their learning, through their current interests. The Gruffalo is a firm favourite, which came to life with large character props, cuddly toys and lots of activities with this super story in mind. The children were able to turn their hand to cooking, measuring and weighing out ingredients – to make two different Gruffalo Crumbles – apple and gooseberry. This allowed for



tastes to be explored and explained, developing questioning and reasoning skills in a natural, fun way.

## HUNTING FOR SOUNDS

After a successful Phonics and Fine Motor skills morning, the children explored sounds in the environment, taking part in a great sound hunt by Mr Owl's tree during Forest School. This shows how using the outdoor environment can effectively promote learning in all areas of the Early Years Foundation Stage development areas. Their listening skills have been further embedded with the use of instruments, listening to beats and spotting different sounds heard. These learning environments are so beneficial for children to be able to access further learning and development in this area.

*“ using the outdoor environment can effectively promote learning in all areas of the Early Years Foundation Stage development areas*



## DISCOVERING TEXTURES

The Magic Porridge Pot has been such an inspirational way to include a range of activities centring on this book. The children have extended their play with cornflour, enjoying the texture to change from hard to soft, wet to sticky! They have picked up the British Sign Language signs quickly, and are using these in their play and during familiar songs.

## LEARNING ABOUT OTHER CULTURES

We all enjoyed learning about the Chinese New Year, finishing with a Dragon Dance with our very own decorated Dragon! We made Chinese Spring rolls, and thought about what traditions the people who celebrate this event do. So many great experiences!

## CAPTURING LEARNING

As a team, we pride ourselves on being reflective of our practice, striving to always seek the best opportunities for the children in our care. With this in mind, we, the staff team are in the process of making some changes to how we plan and deliver the activities at the setting, so we can ensure we are capturing the 'in the moment' learning with children, appropriate to their level of development. As such, we will be looking at how we plan,

using the 'Following Fascinations' heading to explore the next term at Pre-school. This is exciting, and we are confident this will enhance the learning opportunities we provide in a fun, stimulating environment promoting each and every child to 'explore, create and discover'.

Debbie Giles



## LOCAL EVENTS IN OUR COMMUNITY?

TELL US WHAT'S GOING ON IN YOUR COMMUNITY GROUP,  
EMAIL THE EDITOR: [kgrattage@me.com](mailto:kgrattage@me.com)

# Recipes of the month

The days are getting longer, lambs are in the fields, spring flowers are everywhere, and the clocks are going forward! Celebrate the coming of spring with this vegetarian supper: a lovely brie and walnut tart followed by a naughty pudding!

*Maureen White*

## BRIE AND WALNUT TART

### Ingredients

- 1 pack shortcrust pastry
- 1 large leek, trimmed and finely sliced
- 1 oz/25g butter
- Large pack fresh spinach
- Salt, ground pepper and grated nutmeg
- 8 oz/225g Brie, ripe but still firm
- 6 oz/175g walnut halves
- 3 large eggs
- 3 fl oz/75 ml crème fraîche
- 3 fl oz/75 ml milk



### Method

1. Roll out the pastry and use to line a 9"/23 cm flan tin. Chill while you prepare the rest of the ingredients.
2. Sauté the leeks gently in the butter until becoming soft, then add the spinach and stir until wilted.
3. Season with salt, pepper and nutmeg.
4. Raise the heat to drive off most of the moisture and arrange in the pastry case.
5. Sprinkle with half the walnuts, roughly chopped.
6. Slice the brie and arrange on top, filling in the gaps with the remaining walnut halves.
7. Whisk the eggs, crème fraîche and milk, seasoning with salt and pepper. Pour into the flan and bake at 400°F/200°C/Gas 6 for about 30 minutes until risen and golden.
8. Serve with small new potatoes and a colourful mixed salad.

## TIRAMISU

### Ingredients

- 3 large eggs, separated
- 2 oz /50g caster sugar
- 250 gm tub Mascarpone
- 5 fl oz/150 ml very strong black coffee
- 3 tablespoons Amaretto liqueur or dark rum
- 200g pack Boudoir biscuits
- 4 oz dark chocolate, roughly grated

### Method

1. In a clean bowl, and with clean beaters, whisk the egg whites to the soft peak stage.
2. In another bowl, beat the egg yolks with the sugar until very pale.
3. Then, on slow speed, beat in the mascarpone until well combined.
4. Lightly fold the egg whites into the mascarpone mixture and set aside.
5. Mix the coffee and liqueur in a shallow bowl.
6. Dip both sides of a boudoir biscuit very briefly into the liquid (they soak it up very rapidly!)
7. Make a layer of these dipped biscuits in your serving dish (a square or oblong one would be easiest!).

8. Spread with a layer of the mascarpone mix and a sprinkling of chocolate.
9. Carry on with the layers, finishing with a mascarpone layer.
10. Sprinkle on the remaining chocolate, and if there isn't enough left, cocoa powder is a good substitute.
11. Refrigerate for several hours, or overnight is fine.
12. You could also make six individual portions in pretty glasses.
13. You almost certainly won't want any more cream to serve with this very rich pudding!
14. To make the pudding even more special, serve with a few fresh raspberries on each portion.



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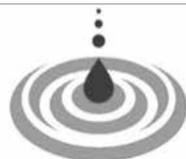
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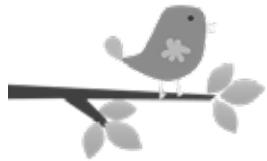
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Email: [aeahandyman@gmail.com](mailto:aeahandyman@gmail.com)

# Easter TRAIL



SUNDAY 31<sup>st</sup> MARCH  
2-5pm

Join us for our annual Easter Trail through our stunning countryside: river walk, woodland track, baby lambs and more!

Beautiful route • Wellies essential • Dogs to be kept on a lead

Purchase a map for £3 and find the clues along the route, starting and finishing at Freshford Primary School. Prizes for all who complete the trail.

Homemade cakes, cream teas and raffle.

All proceeds go to



Registered charity 1153406



## A Message from the Right Reverend Ruth Worsley, Bishop of Taunton

### LET HIM LOOK AT YOU

The other day, someone was speaking about visiting with her elderly mum. She was telling us that whenever she visited she would offer to do any jobs that might be needed and beyond her mum's reach. Her mum's response was to say: "**Just sit down and let me look at you.**" I've been thinking about that conversation ever since.

What a wonderful thing to say to your child: "**Just sit down and let me look at you.**"

She was sharing this vignette, a year after her mum's death. There are no more opportunities for her mum to 'sit and look at her'. How glad she is that she took the time whilst her mum was alive.

I wonder if I can say the same. Have I made time for the things that really matter or am I so focused on the tasks at hand that I forget the need for space to develop relationships? I have a sense that this isn't just about the people who matter to me, but also that it may be Jesus speaking to me as well. "**Just sit down and let me look at you.**"

The story of Mary and Martha opening up their home to Jesus in hospitality perhaps reminds us most of the priority of spending time in the presence of Jesus. Martha complains at Mary's lack of support in helping with the household jobs. Jesus' response is to suggest that Martha has become so distracted with the 'tasks' of hospitality that she has missed the point of what welcome and relationship is.

We often think of this story as being about Mary and Martha's priorities. Which is of greater significance? Our attitude of service or that of spiritual exploration? However I'm wondering if Jesus was saying something more. "**Just sit down and let me look at you.**" What would Jesus see if He looked at you? **How** does He look at you?

March 8th is international women's day, often an opportunity to remind us that society's way of looking at women has changed over the years. The 'Me Too' movement has revealed some of the ways in which women have been objectified resulting in forms of abuse. Alongside that growing realisation we are increasingly aware that many women and men feel a sense of dissatisfaction with how they look and can find their mental health affected as a result. Many of us find another person looking at us, uncomfortable.

I'd like to suggest that we might hear these words, "**Just sit down and let me look at you.**" as an invitation from Jesus to spend time under his gaze this week. Not as a means of incurring shame but rather to receive the look of love that he so wants us to see.

*The Right Reverend  
Ruth Worsley,*

Bishop of Taunton





## Neighbours' offer

Receive a complimentary glass of house Champagne with any classic afternoon tea for £26.50

We're raising a glass to new beginnings and an exciting new chapter here at Homewood, and we'd love locals to bring family and friends and enjoy a taste of the good life.

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This offer is available every day from 3 - 5pm throughout March 2019. It is subject to availability and is not valid in conjunction with any other offer. Pre-booking is essential.

**Call us on 01225 723 731 and simply quote "Neighbours' offer" to book.**

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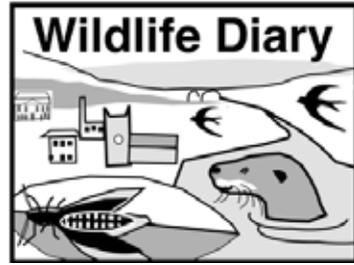
# Wildlife Diary

## WALLS, BANKS AND WILDLIFE

We all walk, run, cycle or drive past the drystone walls and various banks in our villages every day and do not necessarily consider them as vital habitats for insects, amphibians, and some of the smaller mammals such as mice, shrews etc, and of course many species of flora.

Our wonderful primary school at Freshford is taking up the cause of promoting the needs and concerns of these ecosystems. There may well be BANK..SY style artwork emitting from their Science Week held last month. You can see the end results on the school website [www.freshfordschool.org.uk](http://www.freshfordschool.org.uk).

South facing walls and banks are particularly useful to reptiles that need to bask or otherwise warm up using the sun's energy. There is a wonderful leaflet as a download from the Amphibian and Reptile Conservation



Trust website. Simply web search 'Dragons in your Gardens'. There you will find great information and ideas for making our gardens more inviting for frogs, toads, newts, snakes and lizards.

Interestingly we have reports of Common Lizards in rockeries and walls in Limpley Stoke. These rare creatures like well drained habitats including rockeries. Let's look out for them this summer.

The very helpful Drystone Walling Association website [dswa.org.uk](http://dswa.org.uk) gives useful insights into the wall dwelling Flora and Fauna found in this type of habitat. "Dry stone walls are in effect, one huge linear nature reserve and they merit preservation."

This same website also provides excellent guides to build or repair drystone walls. A simple low three foot high step in garden levels is very easy to construct using their retaining wall method and becomes a wildlife superhighway!



Wall design leaflets are a free download from the 'shop' page of their website. See also their reasonably priced construction and wildlife handbooks. Drystone walling courses are regularly available in our area.

See [www.ruralskillsbath.com/events](http://www.ruralskillsbath.com/events) and [www.cotswoldsruralskills.org.uk](http://www.cotswoldsruralskills.org.uk)

## UPCOMING EVENTS 2019

### LIVING WILLOW WORKSHOP

Saturday 9th March 10.00am - 12.30pm at the Friary Hinton Charterhouse. Refreshments are provided and anyone who would like to attend should reserve a place on:

[www.ruralskillsbath.com/events](http://www.ruralskillsbath.com/events)

### EARLY MORNING BIRDSONG WALK

Sunday 28th April 7.00am -10.00am Lucy Delve, a member of RSPB and Bath and District RSPB Members' Group and Bath Natural History Society, will lead us on a circular walk helping us to hear and see the extensive bird life in trees, river banks and meadows. A hearty breakfast baguette and hot drinks are being provided by The Friary en route. A donation of £5 to the RSPB is requested to be handed to the speaker on the day. The start point will be the bridge over the River Frome by the Mill development at Freshford. More details will be provided when you book via email to [tjharper@me.com](mailto:tjharper@me.com)

### 'LOOKING UP' WITH BATH ASTRONOMERS

Wed 1st May 9.15pm - 10.15pm St Mary's Church Limpley Stoke with the large telescopes and guidance of Bath Astronomers.

All of us attending last year were truly stunned by the tour of the cosmos above us. This event is also helpful if you want to talk to an astronomer and get advice. Bring a telescope or binoculars if you wish.

A minimum donation of £5 toward the church will include a hot drink. Book via email to [tjharper@me.com](mailto:tjharper@me.com).

## BUILDING MOMENTUM ON STARLIT SKIES

Thursday 6th June 7.30pm - 8.30pm

Location: The Bath Royal Literary and Scientific Institution Queen Square Bath.

The William Hershel Society, The Commission for Dark Skies, Bath Astronomers and FLEWG plus CAONB, CPRE.

If you treasure the stars above then come and be briefed on exciting developments in safeguarding our cosmic view. (Our film [www.starlitskies.org.uk](http://www.starlitskies.org.uk) gives you good background information.)

Check BRSLI website nearer the time for details [www.brslsi.org](http://www.brslsi.org). No need to book via FLEWG.

See [www.flewg.weebly.com](http://www.flewg.weebly.com) for more information about FLEWG (Freshford and Limpley Stoke Environment Working Group).

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**Book review: Educated**

**BY TARA WESTOVER**

This memoir was recommended to our book group by another group in the Parish as having received very positive feedback. We certainly experienced the same positivity: it is one of the best discussed books we have read.

This Tara Westover's memoir covers her life since a small child, brought up within a strict Mormon family in Idaho. Her parents have rejected many aspects of modern western society such as hospital births, conventional medicine, state education and other elements perceived as interfering state controls. In the background, the father is an ever-growing extremist, a 'survivalist,' who believes in the second coming/end of civilised society-style apocalypse and so stockpiles weapons, fuel, produce and other goods. Her mother is an unofficial midwife and herbalist who sometimes aids Tara, but for the most part is beholden to the will of her husband. Meanwhile there is a

brutal, aggressive older brother who physically attacks Tara and brings fear to her very core.

Tara's father does not let her attend school, and instead has her working in horrific and dangerous conditions in his scrap-yard based within the grounds of the ramshackle house in the foot of the Idaho Mountains. There are powerful descriptions of the physicality of the work and the injuries she and other

siblings experience on the site – injuries and subsequent miraculous survivals which are deemed by her Father to be God's Will.

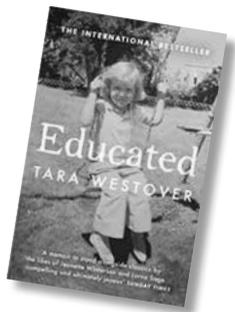
But with another brother's help who has himself escaped to College, Tara manages to educate herself for the required tests and wins a place at College. Her description of battling her way through schooling tasks which other students find so straight forward such as lectures, essay writing and revision are both painful and heart-warming as she exceeds

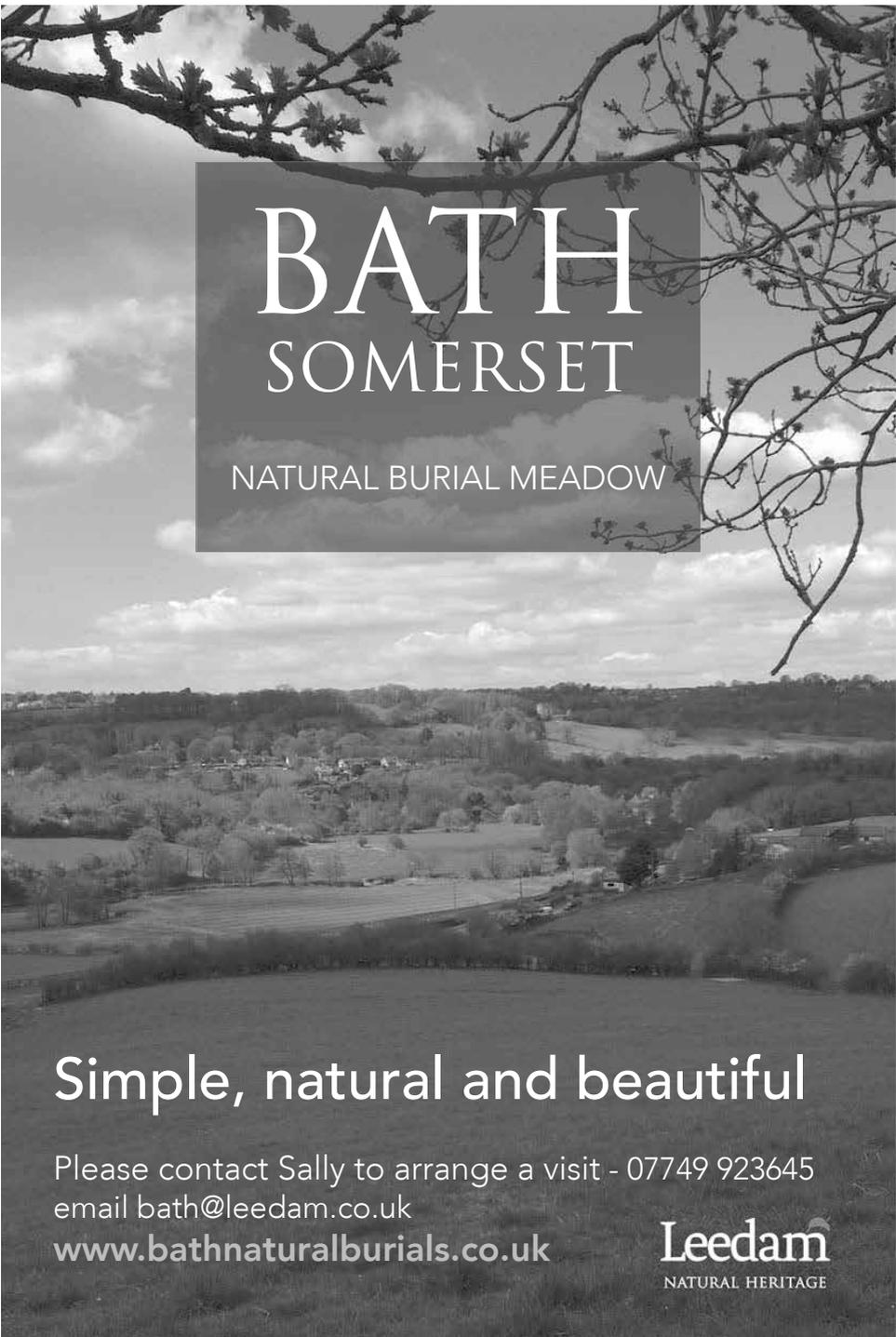
*“ This is a powerful story of inner strength and courage, of Tara's phenomenal innate intelligence combined with perseverance.”*

all expectations. She goes on to win a specialist year studying in Cambridge followed by a PhD.

When she returns home the violence of her other brother Shawn increases, and somehow, she finds the strength to challenge and expose him.

Some stories and incidents in Tara's life are shocking and terrifying, but the most eye-opening aspect of this book is how recent the events are, Tara is now in her mid-30s, to think that this family exists in 21st Century America! I think about her family still in Idaho – those she has exposed and those who let her down when she was finally able to challenge the violence of her brother.





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New for 2019 comes a New Tearooms/Coffee Shop which will be open from 8.00am daily serving a wide range of drinks and food throughout the day including Afternoon Tea served on the finest Bone China.

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# March Diary Dates

	Event	Other Info
FRI 1st	PILATES	9.00am - 10.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
	FRIENDS OF FRESHFORD QUIZ NIGHT	7.00pm for 7.30pm, Freshford Village Memorial Hall, Tickets £10 per person. All welcome. Contact John Ager on 01225 722374 or Nick Stevens on 01225 722264.
MON 4th	COFFEE TIME	10.30am - 12.00noon at The Old Bakery, Freshford. All welcome.
TUE 5th	FRESHFORD ART GROUP	9.45am - 12.15pm, meets in Limpley Stoke Village Hall. Contact Ann Chapman 01225 866861.
	LIMPLEY STOKE PARISH COUNCIL MEETING	7.00pm in Limpley Stoke Village Hall. Chairman: Peter Wyatt, 01225 723443. Visitors welcome.
WED 6th	HINTON BABY & TODDLER GROUP	10.30am - 12.00noon, Memorial Hall, Hinton Charterhouse.
	KEEP FIT	2.00pm - 3.00pm, Limpley Stoke Village Hall. Contact Arthur 07971 245221.
	FRESHFORD & DISTRICT HORTICULTURAL SOCIETY ANNUAL GENERAL MEETING	plus Troy Scott Smith: The Courts, Bodnant & Sissinghurst, 7.30pm, Freshford Village Memorial Hall
THU 7th	MAGAZINE SUBMISSION DEADLINE (copy for APRIL edition)	
	PILATES	9.00am - 11.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
	FRESHFORD AND LIMPLEY STOKE BABY & TODDLER GROUP	10.00am - 11.30am, The Old Bakery, Freshford every Thursday.
	HINTON ART GROUP	2.00pm - 4.00pm, meets in Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Viv Jackson 01225 723578.
	ZUMBA	Gold (tailored 60+) 3.00pm - 4.00pm, Freshford Village Memorial Hall. Contact Jolanthe 07735 474831.
FRI 8th	PILATES	9.00am - 10.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.

	Event	Other Info
SAT 9th	LIVING WILLOW WORKSHOP	10.00am - 12.30pm, The Friary Hinton Charterhouse. Refreshments are provided and anyone who would like to attend should reserve a place on <a href="http://www.ruralskillsbath.com/events">www.ruralskillsbath.com/events</a>
MON 11th	COFFEE TIME	10.30am - 12.00noon at The Old Bakery, Freshford. All welcome.
	FRESHFORD PARISH COUNCIL MEETING	7.00pm - 9.00pm, Freshford Village Memorial Hall.
TUE 12th	FRESHFORD ART GROUP	9.45am - 12.15pm, meets in Limpley Stoke Village Hall. Contact Ann Chapman 01225 866861.
WED 13th	HINTON BABY & TODDLER GROUP	10.30am - 12.00noon, Memorial Hall, Hinton Charterhouse.
	GALLERIES GOLDEN GOURMETS	for Retired People of Freshford and Limpley Stoke Meeting @ The Galleries Café at 12.30pm. Booking essential by the prior Monday.
	KEEP FIT	2.00pm - 3.00pm, Limpley Stoke Village Hall. Contact Arthur 07971 245221.
THU 14th	PILATES	9.00am - 11.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
	FRESHFORD AND LIMPLEY STOKE BABY & TODDLER GROUP	10.00am - 11.30am, The Old Bakery, Freshford every Thursday.
	BANES MOBILE LIBRARY	11.15am - 1.20pm Freshford Village Memorial Hall, 2.35pm - 3.00pm Cricket Club Car Park, Hinton Charterhouse.
	HINTON ART GROUP	2.00pm - 4.00pm meets in Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Viv Jackson 01225 723578.
	ZUMBA	Gold (tailored 60+) 3.00pm - 4.00pm, Freshford Village Memorial Hall. Contact Jolanthe 07735 474831.
	THE FILLING STATION	An informal café style evening of Worship and Praise, Beckington Village Hall, 7.30pm every second Thursday of the month.
FRI 15th	PILATES	9.00am - 10.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.

# March Diary Dates

	Event	Other Info
MON 18th	COFFEE TIME	10.30am - 12.00noon at The Old Bakery, Freshford. All welcome.
TUE 19th	FRESHFORD ART GROUP	9.45am - 12.15pm, meets in Limpley Stoke Village Hall. Contact Ann Chapman 01225 866861.
	HINTON CHARTERHOUSE PARISH COUNCIL	8.00pm, Memorial Hall, Hinton Charterhouse.
WED 20th	HINTON BABY & TODDLER GROUP	10.30am - 12.00noon, Memorial Hall, Hinton Charterhouse.
	OVER 60S LUNCH CLUB HINTON CHARTERHOUSE	12.15pm for 12.30pm, meets in the Stag Inn. Contact Caroline Banks 01225 722758 or Mavis Bennett 01225 722247 by the prior Tuesday if unable to make the lunch date.
	KEEP FIT	2.00pm - 3.00pm, Limpley Stoke Village Hall. Contact Arthur 07971 245221.
THU 21st	PILATES	9.00am - 11.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
	FRESHFORD AND LIMPLEY STOKE BABY & TODDLER GROUP	10.00am - 11.30am, The Old Bakery, Freshford every Thursday.
	WILTSHIRE MOBILE LIBRARY	visits Uplands Close, Midford Lane, 10.00am - 10.25am.
	HINTON ART GROUP	2.00pm - 4.00pm, meets in Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Viv Jackson 01225 723578.
	ZUMBA	Gold (tailored 60+) 3.00pm - 4.00pm, Freshford Village Memorial Hall. Contact Jolanthe 07735 474831.
	THE ROYAL BRITISH LEGION FRESHFORD	7.30pm, The Homewood Park Hotel. Spring Supper for Members their partners and invited guests.
FRI 22nd	PILATES	9.00am - 10.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
SAT 23rd	THE BIG JUMBLE SALE	12.00noon - 3.00pm, Freshford Memorial Hall. £1 Entry Refreshments will be available on the day Contact Jamie on 07909442006 or by email at JAMIE@JAMIECOLSTON.COM

	Event	Other Info
MON 25th	COFFEE TIME	10.30am - 12.00noon at The Old Bakery, Freshford. All welcome.
TUE 26th	FRESHFORD ART GROUP	9.45am - 12.15pm, meets in Limpley Stoke Village Hall. Contact Ann Chapman 01225 866861.
WED 27th	HINTON BABY & TODDLER GROUP	10.30am - 12.00noon, Memorial Hall, Hinton Charterhouse.
	KEEP FIT	2.00pm - 3.00pm, Limpley Stoke Village Hall. Contact Arthur 07971 245221.
	FRESHFORD & DISTRICT LOCAL HISTORY SOCIETY	Tom Boden: Dyrham in the Late 17th Century, 7.30pm, Freshford Village Memorial Hall.
THU 28th	PILATES	9.00am - 11.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
	FRESHFORD AND LIMPLEY STOKE BABY & TODDLER GROUP	10.00am - 11.30am, The Old Bakery, Freshford every Thursday.
	COFFEE & CHAT	From 10.30am at the home of John and Caroline Banks, The High Street, Hinton Charterhouse. All welcome.
	HINTON ART GROUP	2.00pm - 4.00pm, meets in Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Viv Jackson 01225 723578.
	BANES MOBILE LIBRARY	11.15am - 1.20pm Freshford Village Memorial Hall, 2.35pm - 3.00pm Cricket Club Car Park, Hinton Charterhouse.
	ZUMBA	Gold (tailored 60+) 3.00pm - 4.00pm, Freshford Village Memorial Hall. Contact Jolanthe 07735 474831.
FRI 29th	PILATES	9.00am - 10.00am, Memorial Hall, Hinton Charterhouse. All abilities welcome. Contact Lindsey 01225 635830.
SUN 31st	FRESHFORD PRE-SCHOOL EASTER TRAIL	Start and finish any time between 2.00pm - 5.00pm, Freshford Primary School, Cakes and cream teas, Maps £3 with all proceeds to Freshford Preschool, Contact Amy Kennedy 07979 304101.

# March Services 2019

	<b>Church</b>	<b>Service</b>
<b>Sunday 3rd March</b> - Last Sunday after Epiphany		
10.30am	St John's, Hinton Charterhouse	Parish Communion
6.00pm	St Peter's, Freshford	Celtic Evening Service
<b>Sunday 10th</b> - Lent 1		
10.30am	St Peter's, Freshford	Parish Communion
<b>Sunday 17th</b> - Lent 2		
10.30am	St Mary's, Limpley Stoke	Parish Communion
6.00pm	St John's, Hinton Charterhouse	Evening Worship
<b>Sunday 24th</b> - Lent 3		
10.30am	St Peter's, Freshford	Café Church
5.00pm	St Mary's, Limpley Stoke	Evening Communion
<b>Sunday 31st</b> - Lent 4		
10.30am	St John's, Hinton Charterhouse	Family Focus
<b>Sunday 7th April</b> - Lent 5		
10.30am	St John's, Hinton Charterhouse	Parish Communion
6.00pm	St Peter's, Freshford (TBC)	Celtic Evening Service

Please note that all evening services at St Mary's Church in Limpley Stoke will be held at 5.00pm over the winter until the clocks go forward in the Spring.

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**Parish of Freshford,  
Limpley Stoke and  
Hinton Charterhouse**

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